

MY DISASTER PLAN

My Disaster Plan shows you examples of possible problems and how to start planning for them. You can print extra copies of this chart through the Downloads Library on the COPD Foundation website at <http://copdf.co/education-materials>.

| Possible Disaster | What Might Happen? | How Should I Prepare? | What Should I Do If It Happens? |
|---|--|--|--|
| <i>I live in an area where tornados are common.</i> | <i>A tornado could damage my home.</i> | <i>Locate the nearest underground tornado shelter. Arrange for help to get there. Store spare oxygen or medications in the shelter, if possible.</i> | <i>Get to the nearest shelter underground.</i> |
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